



# Namdong People

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378

Publicsher : Mayer of Namdong-gu | Editor : Public relation office | Address : 633 (Mansu-dong) Sorae-ro, Namdong-gu, Incheon Metropolitan City Tel 032-453-6203 / Translation Support : Namdong-gu Family Center

## Namdong-gu Unique experience center

### Train Kingdom Museum Cafe



A unique place to enjoy a cup of tea and have a model tour around more than 260 train models

- Location : 112-7, Jangja-ro 6beon-gil
- Opening hours : 10:00 to 18:00 (closed on Mondays)
- Fee : 5,000 won for adults, 4,000 won for 24 months to elementary school students (free for infants less than 24 months)
- Inquiry : 032-465-6441 (Train Kingdom Museum)

### ARTSPACE T-IN



A complex art space where you can enjoy various artists' works and experience workshops with multiflex materials such as metal, wood, ceramics, etc. individually or in groups.

- Location : 3539 Suin-ro
- Opening hours : 09:00 to 18:00 (closed on public holidays)
- Fee : Varies for each experience (free to view exhibitions)
- Homepage : <https://artst.co.kr/>
- Inquiry : 032-422-0009 (ARTSPACE T-IN)

### Station Museum



A cultural place close to citizens operated through collaboration between Incheon Metro Politan City Museum and Incheon Transit Corporation

- Location : Basement 3, Incheon Metropolitan City Hall Station Line 1
- Opening hours : During subway operating hours
- Fee : free
- Homepage : <https://www.incheon.go.kr/museum>
- Inquiry : 032-440-6749 ( Incheon Metropolitan City Museum, Exhibition and Education Department)

### Korean Traditional Food Museum



A place not only learning about Korean traditional food but also having fun to make it.

- Location : Maneuigol-ro 72 (in the Aebo Craftmuseum)
- Opening hours : 09:30 to 18:00 (closed on January 1st, Lunar New Year and Chuseok)
- Fee : 2,500 won for adults, 2,000 won for middle and high school students, 1,500 won for elementary school students (free for infants less than 24 months)
- Homepage : <https://blog.naver.com/kfoodmuseum>
- Inquiry : 032-466-3182 (Aebo Craftmuseum)

\* Photo source : Provided by each agency



**Administration**

**Information on election day polling station based on a move-in notification**

The polling station on Election Day is at your previous place of resident registration if you report the move-in to a new address after March 20, 2024

**Election Day for the 22nd National Assembly Election**

– Voting hours on April 10, 2024 : 6 a.m. to 6 p.m.

Move-in report before March 19	Move-in report after March 20
Voting at the polling station of the new address you report moving in	Voting at the polling station of your previous address before moving in

**Participants recruitment for the 2024 Namdong-gu Youth Challenge Support Project**

Increasing confidence and motivating participation in the labor market through various employment capacity building programs by proactively discovering young people who are hesitant to find jobs.

- **Application period** : 2024. 2. 15. (Thursday) ~ 3. 22. (Friday)  
※ First-come, first-served basis, priority given to residents of Namdong-gu
- **Support target** : Youth who have given up on finding a job, youth preparing for independence, youth entering and leaving teenager welfare facilities, etc., North Korean defector youth, regionally specialized youth, etc.
- **Number of participants** : 32 persons (mid-term, 15 weeks), 24 persons (long term, 25 weeks)
- **Support details** : Participation allowance and incentive payment of up to 3 million won
- **How to apply** : Apply on the Worknet website or e-mail submission
- **Program operation space** : Namdong-gu Youth Startup Support Center, etc.
- **Selection notification** : Individual phone call and text notification
- **Inquiry** : Employment Policy Department ☎ 070-5151-0547~0549

**남동구 청년도전지원사업**  
최대 300만원 참여수당 및 인센티브 지급!!  
“자신감회복, 자소서 & 면접 컨설팅, 버크만 검사, 제과제빵 원데이 클래스 등 다양한 프로그램 지원”

모집기간 2024. 2. 15.(목) ~ 3. 22.(금) 선착순 접수  
신청대상 사업 신청일 이전 6개월간 취업·교육·직업훈련 참여 이력이 없고 구직단념청년 문답표 21점 이상인 인천광역시 거주 청년(18세~39세)  
문의처 미추홀콜센터 ☎ 032-120  
청년도전지원사업 ☎ 070-5151-0547-0549

**Resumption of general medical care at Public health center**

Clinics that were suspended due to COVID-19 will resume operations.

- **Date of resumption** : 2024. 3. 12. (Tuesday)
- **Opening hours** : Monday to Friday 09:00 to 18:00  
(\* Closed for lunch: 12:00 to 13:00)
- **Resuming clinics**
  - General medical care (diagnosis and medication consultation for diabetes, high blood pressure, arthritis, and other diseases)
  - Issuance of health checkup results (previously called health certificate) (entertainment)
  - Physical therapy room (chronic pain treatment and exercise therapy), etc.
- **Inquiry** : Public Health Center ☎ 032-453-5140



**Suspension notice of post office operations**

The post office buildings will be under reconstruction to provide a more comfortable service and prevent any possible accidents due to aging post offices. Customers kind understanding would be highly appreciated.

- **Suspension period** : 2024. 4. 11. (Thursday) ~ 2024. 12. 31. (Tuesday)
- **Post service** : Use a nearby post office
  - Incheon Guwoldong Post Office (40m from Incheon Art Center Station) (☎ 032-433-3042)
  - Incheon Mansudanji Post Office (next to Mansu 4-dong Administration Welfare Center) (☎ 032-462-2005)
  - Incheon Mansu 1-dong Post Office (85m from Namdong-gu Office Station) (☎ 032-464-2005)
  - Incheon Mansu 6-dong Post Office (next to Mansu 6-dong Administration Welfare Center) (☎ 032-465-2205)
- **Financial (post office deposits/insurance) services**
  - All other post offices / smart banking





### Information on free shingles Vaccination for elderly

- **What is shingles?**
  - A disease caused by reactivation of the virus dormant in the dorsal root ganglion after infection with the varicella-zoster virus.
  - Main symptoms : rash and blisters
  - Complications : post-herpes zoster neuralgia (occurs more frequently at older ages)
- **Eligible for support :** Seniors over the age of 70 years old who have lived in Namdong-gu for more than 1 year (born before December 31, 1954)
  - ☞ However, excluding those who have been vaccinated against shingles in the past
- **Support details :** Free vaccination with live herpes zoster vaccine (1 time)
- **Inoculation locations :** 132 designated outsourced medical institutions in Namdong-gu
  - ※ Check the Namdong-gu Public Health Center website or call for inquiries
- **Required materials :** one copy of the original resident registration (including address change history for the past year), ID card
  - ※ Vaccination is not available without a copy of the original resident registration.
- **Inquiry :** Namdong-gu Public Health Center Vaccination Office ☎ 032-453-5130, 6021



### Application guid of disabled Housing Amenities Renovation Project

- **Project period :** January to December, 2024
- **Application period :** January to July, 2024
- **Eligible applicant :** A disabled person who lives in a own house or rental housing (including public rental housing) with the less than monthly income of the per household of urban workers in 2023.
- **Support details :** Installation of convenient facilities for people with disabilities (Installation of safety bars, lowering of thresholds, removal of bathtubs, installation of ramps, changing the height/installation of washbasins, installing LED lights, etc.)
- **How to apply :** Apply for a visit to the Hope Welfare Team at the administrative welfare center of your address
  - ※ Residents of unlicensed housing and applicants for similar housing remodeling projects within 3 years are not eligible to apply.
- **Inquiry :** Common Housing department ☎ 032-453-8512



### Recruiting participants for families with dementia self-care training (Powerful Tools for Caregivers, PTC)

What is self-care training for families(PTC) with dementia? This is an educational program that helps people who care for dementia patients and their caregivers gain self-care skills and control their care burden and stress.

- **Education Target :** 15 persons (families with dementia and caregivers)
- **Application period :** March 22, 2024, until 18:00
- **How to apply :** apply by a call (☎ 032-453-8444)
- **Training period :** 6 weeks (2024.3.26.~ 4.30.) / Once a week(Tuesday) 2 hours / 6 times in total
- **Venue :** 1<sup>st</sup> floor, Namdong-gu Lifelong Learning Center
- **Education content :** Learn "self-care skills" through 6 topics
- **Inquiry :** Namdong-gu Public Health Center, Department of Dementia Psychiatry ☎ 032-453-8444

Round	Topic	Content
1	Take care of yourself	Share the challenges you face during caregiving Create an action plan for yourself
2	Identify and reduce the causes of stress	Identify sources of stress Exploring tools to reduce stress
3	How to communicate to express feelings, needs and concerns.	Know and practice conversation skills to build positive relationships
4	How to deal with difficult situations	Conversation methods for clear communication Familiarity and practice
5	Learn from our emotions	Examining your own feelings Learn how to manage emotions
6	Making the best care decisions	Know how to make the right decisions Know the mindset to improve the quality of care

※ The above schedule and location are subject to change.



### Public funeral support for unrelated deaths

By supporting "funeral ceremonies" and "memorial spaces" for unrelated deaths We are promoting a public funeral peoject to maintain the dignity of the deceased and create an environment where they can mourn.

- **Public funeral notice**
  - Setup : nstallation of a funeral parlor, funeral supplies, a memorial tablet and an ancestral rite table etc.
  - Resident : uneral director
  - This month's deceased : 10 people including Park OO
- **Inquiry :** Social Security Department ☎ 032-453-2514





## Seochang Eoulmadang operation guide

Seochang Eoulmadang, a complex cultural place where various generations can come together, will be temporarily opened from February 1<sup>st</sup> and the information is as follows.

### • Sports facilities

- Location : Swimming pool (1F),  
multi-purpose gymnasium (2F),  
multi-purpose artificial turf field (3F)  
※ The swimming pool is scheduled to temporarily operate in mid-March after the facilities have been completed.
- Inquiry : Namdong-gu city Management Corporation  
Sports and Culture Team (☎ 032-460-0574)

### • Life Culture Center

- Location : Facing space (1F)/club room,  
multi-purpose room (2F)
- inquiry : Namdong Cultural Foundation  
Seochang Life and Culture Center (☎ 032-466-5007)

### • Small library

- Location : Children's Reading Room (1F)/  
General Reading Room (1F, 2F)
- inquiry : Namdong-gu Lifelong Education Department  
(☎ 032-719-1631~2)

### • Health Life Support Center

- Location : Health consultation room, rehabilitation room,  
education room (3F)
- Inquiry : Seochang Health Life Support Center  
(☎ 032-719-1620)

### • Dementia Relief Center

- Location : Dementia Shelter (2F)/  
Dementia Relief Center (3F)
- Inquiry : Seochang Station Dementia Relief Center  
(☎ 032-719-1633~4)

※ Contact each organization for detailed usage and programs



## Namdong-gu Family Center operation guide

What is Namdong-gu Family Center?

It is a welfare institution that any family can use for free regardless of income, nationality, age, or family type.

### • Family care

- Family counseling : 10 sessions of face-to-face counseling for families with internal conflicts
- Crisis support : Support in the areas of housing, economy, career, care, learning, employment, and daily life skills
- Parent education on visit : childcare coaching, parent self-understanding test
- Fathers' Meeting : Cultural experience with fathers and children
- One person household meeting of the middle-aged and elderly people : cooking side dishes and hobby meetings
- Childcare : 3 months after birth to 6th grade, nursing support such as school back-and-forth care, meals, etc.

### • Children and youth projects

- Mentoring children from multicultural families : one-on-one learning and emotional support for mentors and mentees
- English classes for mid-entry children : Elementary school students in grades 2 to 6 (every Tuesday from 15:00 to 17:00)

### • Migrant support projects

- Interpretation and translation support for multicultural families : Vietnamese, Chinese
- Employment support for multicultural families : job training, job registration, companion interviews, etc.

• **Homepage** : <https://namdong.familynet.or.kr/center/>

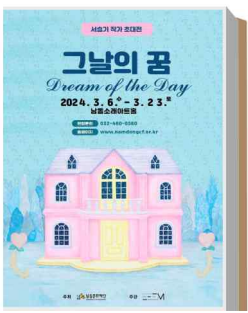
• **Inquiry** : Namdong-gu Family Center (☎ 032-467-3904)



## Namdong Cultural Foundation Performance/ Exhibition News

With the establishment of Namdong Cultural Foundation we would like to introduce more variable performance and exhibition programs of Namdong Sorae Art Hall's in March.

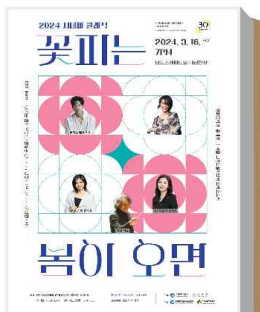
### · Special exhibition <Dream of the day\_Seo Seul-gi>



- An exhibition of works by Seo Seul-gi who expresses a fairytale-like dream world but strange memories of animals and objects.
- 2024. 3. 6.(Wed)~3. 23.(Sat) 10:00~18:00
- \* Closed on Sunday/  
Namdong Sorae Art Hall Gallery HwaSo/Free
- Inquiry ☎ 032-439-5001

### · Co-planned performances

#### <2024 Cinema classic 'When the blossom season comes'>



- A movie music concert starring in Seoul Grand Philharmonic Orchestra (conductor: Seo-hoon) and singers So-hyang, musical actor Kai, guitarist Jang Ha-eun, etc.
- 2024. 3. 16.(Sat) 19:00/  
Namdong Sorae Art Hall Sorae Theater/  
R seat 50,000 won S seat 30,000 won
- Inquiry: ☎ 032-420-2000

### · Martine's concert

#### <Cinema concert on an exciting island 'Red Balloon'>



- A cinema concert in the form of a musical play that combines the fairytale-like movie "Red Balloon" with imagination music from a band and an exciting island.
- 2024. 3. 27.(Wed) 11:00
- Sorae Theater at Namdong Sorae Art Hall/5,000 won
- Inquiry: ☎ 032-439-5001

· Inquiry : Namdong Cultural Foundation ☎ 032-439-5001

## Namdong City Library OTT service operation

Namdong City Library offers OTT (Wave On) service.

- **Period** : January to December 2024
- **Location** : Namdong Nonhyeon, Sorae, and Seochang Libraries Digital data room (9 units in total)
- **Content** : Visit the Namdong City Library Digital data room and you can watch the VOD such as domestic and international movies/ broadcasting programs once a day for up to 3 hours on the 'Wavve website'
- **Inquiry** : Department of Lifelong Education ☎ 032-453-5954

